

Ben Brophy first came on a Raleigh expedition back in 1998 as a venturer. He decided to take up the challenge again, this time, as a project manager on the Costa Rica & Nicaragua 2007 expedition.

My role as project manager involved leading a 270km trek. I then helped build a path up to a Volcan Barva Lagoon at 3000 metres in Barva National Park, to support long term eco-tourism, before heading down to the Indigenous Indian Community at Karona, where we completed a Community centre.

As a project manager it was humbling to see some of the individuals who had been shy, unconfident and reserved just weeks before become so assured and enthusiastic, whilst for others it was their deep friendships they'd formed with people from totally different backgrounds to those they had always been friends with.

I wholeheartedly recommend Raleigh. Compared to other outfits I have both researched and heard about, Raleigh run at the highest level, ensuring maximum health, safety and risk assessment, whilst coaching and challenging participants to dig deep and become resourceful. The day leadership system, the group work, the mix of adventure, community and environmental projects, the remote locations and the partnerships with local organisations are just a few of the criteria that help stand Raleigh apart from the competition.

Just take a moment to think about what you would usually do in the average three months back at home. Does it combine adventure, excitement, travel, new cultures, physical and emotional challenges, meeting hundreds of great and inspiring people, learning about yourself and getting insight and perspective on your life, whilst leaving something of real value to others less fortunate. Raleigh encompasses all of those things and more.

Raleigh