

Recommended Flights for Costa Rica & Nicaragua

Flights for Venturers on the 10 Week Expedition (8th July – 13th September 2010) 10F

Once you have booked your flights please send the flight information to Amy Robertson at head office via post or email (Amy.Roberton@Raleigh.Org.uk) so we know when to expect you.

Raleigh will do 2 picks ups; 1 late afternoon and 1 late evening on the start date of the expedition. The times will be roughly 1600 and 2200, but we will be flexible based on your arrival times – most arrivals fall into these times.

Can you please ensure that when you book your flights they are arriving at San Jose Airport – Costa Rica (SJO, Juan Santamaria) by 22:30 at the latest on the 8th July.

If you arrive earlier than that OR if you don't see a Raleigh rep, you should just wait on the silver chairs to the right of Arrivals.

Recommended Flights

The following flight is the 'recommended' flight based on time and price for those of you who may like to catch the same flight. This may not necessarily be the cheapest airline (Continental, Delta, Mexicana and Iberia fly to Costa Rica and often offer reasonable prices – although careful with Mexicana as they can have awkward times). This flight is currently quoted at around £530 on Expedia.

You are welcome to look around and buy any flight you wish, providing you are at the airport in San Jose to meet the pick up times on 8th July 2010.

Recommended flight for the Summer 10 week Expedition 2010

Departure:

Flying with British Airways and American Airlines from London Heathrow via Miami (USA)
BA207 – departs London Heathrow (LHR) 8th July at 09:40, arriving at Miami (MIA) at 13:50.
AA2141 – departs Miami at 19:55, arriving at San José (SJO) at 20:40 (8th July).

Return:

Flying with British Airways and American Airlines departing from San José via Miami
AA972 – departs San José (SJO) 13th September at 13:35, arriving at Miami (MIA) at 18:30
BA208 – departs Miami 13th September at 20:45, arriving at London Heathrow at 09:55
(+ 1 Day – arrives on 14th September)

Please note these flights fly via the United States.

- You need to make sure you comply with the new Visa Waiver Scheme regulations when travelling through the US.
- Please check that you meet this criteria before flying – if you don't I would recommend you fly with Iberia Airlines with a connecting flight in Spain rather than the US.
- You also need to complete one of these before flying through America
<http://www.visitusa.org.uk/visitors/esta.aspx>

Return Flights:

For your return flight we need to transport you to the airport from Field Base in Turrialba which is a 2.5 hour drive.

All Raleigh staff operate a policy of no night driving. This means that the earliest the bus can leave is 05:30. You will need to be at the airport at least 3 hours prior to your flight, so the earliest time you should book a return flight would be 11:30am on the 13th September.

Recommended Flights for Costa Rica

Flights for Venturers on the 5 Week Expedition (8th July – 8th August 2010) 10G

Once you have booked your flights please send the flight information to Amy Robertson at head office via post or email (Amy.Roberton@Raleigh.Org.uk) so we know when to expect you.

Raleigh will do 2 picks ups; 1 late afternoon and 1 late evening on the start date of the expedition. The times will be roughly 1600 and 2200, but we will be flexible based on your arrival times – most arrivals fall into these times.

Can you please ensure that when you book your flights they are arriving at San Jose Airport – Costa Rica (SJO, Juan Santamaria) by 22:30 at the latest on the 8th July.

If you arrive earlier than that OR if you don't see a Raleigh rep, you should just wait on the silver chairs to the right of Arrivals.

Recommended Flights

The following flight is the 'recommended' flight based on time and price for those of you who may like to catch the same flight. This may not necessarily be the cheapest airline, Continental, Delta, Iberia and Mexicana often offer reasonable prices (although careful with Mexicana as they can have awkward times). This flight is currently quoted at around £670.

You are welcome to look around and buy any flight you wish, providing you are at the airport in San Jose to meet the pick up times on 8th July 2010.

Recommended flight for the 5 week Summer Expedition 2010

Departure:

Flying with British Airways, departing from London Heathrow via Miami (USA)
BA207 – departs London Heathrow (LHR) 8th July at 09:40, arriving at Miami (MIA) at 13:50.
AA5071 – departs Miami (MIA) at 19:55, arriving at San José (SJO) at 20:40 (8th July).

Return:

Flying with American Airlines and British Airways, departing from San José via Miami (USA)
AA972 – departs San José 8th August at 13:35, arriving at Miami at 18:30
BA208 – departs Miami 8th August at 20:45, arriving at London Heathrow at 10:00 (+ 1 Day - 9th August)

Please note these flights fly via the United States.

- You need to make sure you comply with the new Visa Waiver Scheme regulations when travelling through the US.
- Please check that you meet this criteria before flying – if you don't I would recommend you fly with Iberia Airlines with a connecting flight in Spain rather than the US.
- You also need to complete one of these at least 4 days before flying through the US
<http://www.visitusa.org.uk/visitors/esta.aspx>

Return Flights:

For your return flight we need to transport you to the airport from Field Base in Turrialba which is a 2.5 hour drive.

All Raleigh staff operate a policy of no night driving. This means that the earliest the bus can leave is 05:30. You will need to be at the airport at least 3 hours prior to your flight, so the earliest time you should book a return flight would be 11:30am on the 8th August.

Arriving in Juan Santamaria (San Jose) airport / Costa Rica / Central America

San Jose is a small airport. There is only one arrivals area. There is very little here - a few silver metal benches and a limited fast food stall.

If you are in Costa Rica and need help, arrive early and don't know what to do, or your plane is diverted, I have put useful phone numbers and instructions for making a reverse charge call below.

- Planes are diverted now and then - usually to Panama City, Liberia or Managua due to poor weather in Alajuela (the area that the airport is located in) - if this happens your airline will either put you up in a hotel for the night and fly you back to San Jose in the morning or put you on an airport bus to San Jose.
- You should also be aware that usually at least one person's bags don't make it - **don't worry**, the airlines are great at ensuring they are sent to Field Base within 48 hours. It's a good idea to have a toothbrush / clean underwear, spare t-shirt in your hand luggage.

If you have been travelling in Costa Rica before the expedition arrival date:

If you have been travelling Central America before the expedition arrival date you can either meet us at the airport at one of the advised times, or meet us at the British School from 7pm (we stay in the gym here overnight on the 8th July and drive to Field Base in Turrialba early the next day).

Again, please let us know what you plan on doing.

Getting to the British School from central San Jose:

- Get an official red taxi to: Escuela Britanica, Final del Boulevard de Rohrmoser, 125m Norte, Santa Catalina, Pavas, San José – Your hostel should be happy to book one for you.
- This should be around \$10 / 5000 colones

Useful Information

- **Please** don't give these numbers out to people – they are not for non-business use.
- If you do we will not be able to give these numbers out in future to people who may need them.
- Next of Kin should still use the London numbers if they need **anything** and Head Office will communicate with Field Base in Costa Rica & Nicaragua. These are only in case you need help or assistance **upon arrival**.

Field Base: 506 2556 4109

Ross' Mobile: 506 8888 8306

Julian's Mobile: 506 8836 5886

Deputy Expedition Leader Mobile: 506 8888 8316

How to make a Reverse Charge phone call (It's in Spanish - doesn't matter, just do the following)

- Dial 110
- Press 1 to continue when the woman stops talking
- Enter number you want to call when the woman stops talking
- Say your name after the tone
- Wait