

Kinabalu Challenge 2010

Helicopter into the jungle; hike, bike and raft your way through rainforest; build your own shelter and then climb 4100 metres to the top of mount Kinabalu in the ultimate team adventure race.

Taking place over a week in the spectacular setting of Malaysian Borneo, the Kinabalu Challenge will test your skills and endurance against fellow competitors and the elements. All funds raised will be directed towards Raleigh's work. Your support in Borneo could help fund expedition places for disadvantaged young people in the UK, complete sustainable community and environmental projects in-country or increase the number of young people from host countries on expedition.

Itinerary

Day One – Fly from London Heathrow

Day Two – Arrive Borneo. Jungle skills, kayak induction, 200m swim test and meet the team session.

Day Three – Jungle training, survival and communication skills, safety and cultural briefings. Teams will have a chance in the evening to prepare their strategy and equipment for the days ahead.

Day Four - The race begins! 4km run. Helicopter flight into jungle. Short trek and then the chance to test new skills by building an overnight camp. Camp and meals will be scored!

Day Five – Trek out of camp. 9km bike/run. White water rafting down the Kiulu river and back to jungle camp.

Day Six – Rafting down the Kiulu in team built rafts. 9 km bike/run and kayak relay race. Teams will be taken to Kinabalu base camp in the evening.

Day Seven - Teams ascend to the Laban Rata camp (3,330m).

Day Eight – A 2am start for the final ascent and sunrise at the summit. After descending Mount Kinabalu, the challenge ends with a beachside awards ceremony and party at a 5-star hotel.

Day Nine – Return flight to the UK, or a few extra days of rest and relaxation for those who extend their stay.

Fundraising targets are £2,500 for individuals and £10,000 for teams. All flights, kit, vaccinations and onward travel plans will need to be paid for separately. A deposit of £250 is needed to guarantee a place.

The 2010 Challenge will be taking place between January 22-29, and will fill up extremely quickly, so please book early to avoid disappointment.

For further information, to book a presentation or ask any questions about this exciting event, please contact Dan Maggs at Raleigh on the details below.

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